RECOMMENDED CARE

for the follow-up treatment of tattoos

CLING FILM	PLASTER
AFTER THE SITTING: Remove the film after approx. 3 hours. Carefully wash off with lukewarm water and pH-neutral soap. Dab dry with a clean disposable cloth (e.g. kitchen towel). Do not rub! Apply a thin layer of some disinfecting healing ointment (e.g. Tattoo Aftercare available in the studio or Bepanthen). Always ensure you have clean, freshly washed hands! Optionally, apply a new protective film (more detailed explanation on the topic of applying a protective film cf. further below) 1st and 2nd DAY: Repeat the process as described above every four hours on the first two days	ONLY REMOVE THE PLASTER AFTER 3-4 DAYS! Showering is permitted! After removal, apply a very thin layer of skin care cream 2 x day (in the morning and in the
3rd to 14th DAY: Clean the tattoo and apply a thin layer of ointment as described above 3 x a day but no longer apply a protective film!	

As a fundamental rule, the following applies:

Always keep the tattoo clean and only wear clean cotton clothing on it directly. **!!! Do not scratch!!!** Slight itching in the area of the skin affected is a normal reaction by the skin in the healing process. Experience shows that you should not expose the tattooed skin to any **sun, sauna, solarium, steam bath, chlorinated water, saltwater for approx. 14 days until the skin has fully healed**. Showering and washing is also possible several times a day (no full bath).

If the tattooed area should stick to clothing or bed linen, lukewarm water is very helpful in detaching the skin from the clothing or bed linen and removing the bed linen or clothing without any problems. Please do not use force! If these instructions for recommended care are not complied with, complications may occur on the tattooed area of the skin and around the tattoo. In this case please contact us first and then seek the advice of a doctor.

On the topic of a protective tattoo film:

As a fundamental rule, the tattoo heals best and most quickly in the fresh air, ... unfortunately, this is not always possible without risk in our everyday lives and accordingly in the following cases it is recommended to apply a protective tattoo film **ONLY on the first 3 days**, in compliance with the recommended procedures.

PETS:

In order to avoid the risk of infection from pet hairs, contact with the nose, tongue, etc. it is recommended that you apply a protective tattoo film to the skin for the first two days.

The film must be changed **at least 3 times a day** (in the morning-at midday-in the evening).

Changing more frequently is permitted, but please do not change less than 3 times a day!

Procedure also as described above (clean, apply a thin layer of ointment, apply a new protective film)

IN THE NIGHT:

If the tattoo weeps a lot during the first 3 days, it is recommended that you apply a protective tattoo film to the skin in order to avoid the skin sticking to bed linen, pyjamas, etc. Procedure again as usual. Before going to bed, clean the tattoo, apply a thin layer of ointment and then the protective film.

In the morning, remove the film and clean again and apply a thin layer of ointment.

If you have any questions or if anything is unclear or if problems arise, please feel free to contact us. We would be pleased to help further!

The Penetration Incorporation Crew